



Wildmoor Heath School Autumn Term Menu



Week 1 : 31/08 21/09 12/10 09/11 30/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

Ham & Cheese Puff & Herb Potatoes	Bolognaise Pasta Bake	Roast Chicken with Roast Potatoes	Meat Feast Pizza	Chicken Goujons & Baked Chips
Cheese, Leek & Potato Gratin	Macaroni Cheese	Quorn Fillet with Roast Potatoes	Margherita Pizza	Spinach & Egg Muffin with Baked Chips
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Cheese & Ham Panini	Cheese & Ham Panini	Cheese & Ham Panini	Cheese & Ham Panini	Cheese & Ham Panini
Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll

Apple Cake	Lemon & Raspberry Traybake	Viennese Finger	Jelly & Fruit	Strawberry Mousse
Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit



Fresh Salad Portion with a minimum of 5 different salad items



Fresh water available throughout lunchtime



The meat & vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables





Wildmoor Heath School Autumn Term Menu



Week 2 : 07/09 28/09 19/10 16/11 07/12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

Beef Burrito	Chicken Curry with Rice	Roast Chicken Thigh with Roast Potatoes	BBQ Chicken Pizza	Pork Sausages & Baked Chips
Vegetable Tortilla Stack	Sweet Potato Curry with Rice	Vegetable Parcel with Roast Potatoes	Margherita Pizza & Garlic Bread	Quorn Sausages with Baked Chips
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Tuna Melt Panini	Tuna Melt Panini	Tuna Melt Panini	Tuna Melt Panini	Tuna Melt Panini
Salmon Mayonnaise Roll	Salmon Mayonnaise Roll	Salmon Mayonnaise Roll	Salmon Mayonnaise Roll	Salmon Mayonnaise Roll

Lemon Drizzle Cake	Marble Cake	Fruit Biscuit	Jelly & Fruit	Flapjack
Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit



Fresh Salad Portion with a minimum of 5 different salad items



Fresh water available throughout lunchtime

The meat and vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables



Wildmoor Heath School Autumn Term Menu

Week 3 : 14/09 05/10 02/11 23/11 14/12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

Chicken & Sweetcorn Pie with Herb Potatoes	Bolognaise Boats with Wedges	Roast Chicken with Roast Potatoes	Ham & Pineapple Pizza	Fish Fingers & Baked Chips
Sticky Vegan Sausages with Noodles	Quorn Bolognaise Boats with Wedges	Vegetable Hot Pot	Margherita Pizza	Cheese & Broccoli Quiche with Baked Chips
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Cheese Panini	Cheese Panini	Cheese Panini	Cheese Panini	Cheese Panini
Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll	Tuna Roll

Raspberry Ripple Cake	Pineapple Upside Down Cake	Oat Dream Cookie	Jelly & Fruit	Rice Pudding
Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit



Fresh Portion of Salad with a minimum of 5 different salad items



Fresh water available throughout lunchtime



The meat and vegetarian main meals are served daily with a carbohydrate option and fresh seasonal vegetables

